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HISTORY OF LABOR DAY

Did you know? . . . Labor Day is an American holiday observed the first Monday in September. The first Labor Day was held in 1882. Its origins stem from the desire of the Central Labor Union to create a holiday for workers. It became a federal holiday in 1894. One of the reasons for choosing to celebrate this on the first Monday in September was to add a holiday in the long gap between Independence Day and Thanksgiving!

First Day of Autumn September 22



Monday, Sept. 18

Breakfast

Cream of Wheat
OR
Assorted Cereal
Cinnamon Toast
Fruit Cocktail OR
Orange
Milk

Lunch

Pizza OR
Cold Cut Sandwich
Corn
Cherry Tomatoes
Applesauce
OR
Fresh Fruit
Milk

Tues

Breakfast

Ham & Cheese Muffin
OR
Assorted Cereal
Wheat Toast
Pineapple OR
Orange
Milk

Lunch

Soft Taco OR
Cold Cut Sandwich
Refried Beans
Lettuce & Tomato
Peaches OR
Fresh Fruit
Chocolate Chip Cookie
Milk

Wednesday,

Breakfast

Waffle w/
Sausage Patty OR
Assorted Cereal
Wheat Toast
Fruit Juice OR
Orange
Milk

Lunch

Hot Dog OR
Cold Cut Sandwich
Tater Tots
Glazed Carrots
Fruited Gelatin
OR
Fresh Fruit
Milk

Thursday, Sept. 21

Breakfast

Honey Bun w/
Scrambled Eggs OR
Assorted Cereal
Wheat Toast
Pears OR
Orange
Milk

Lunch

Tangerine Chicken OR
Cold Cut Sandwich
Steamed Broccoli
Rice
Cucumber Circles
Fruited Gelatin OR
Fresh Fruit
Milk

Friday, Sept. 22

Breakfast

Biscuit & Gravy
OR
Assorted Cereal
Wheat Toast
Peaches OR
Orange
Milk

Lunch

Ravioli OR
Cold Cut Sandwich
Spinach Salad
Celery Sticks
Pineapple
OR
Fresh Fruit
Milk



Monday, Sept. 25

No School Today



*Professional Day
for Our Teachers*

Tuesday, Sept. 26

Breakfast

Scrambled Eggs w/ Ham
OR
Assorted Cereal
Wheat Toast
Applesauce OR
Orange
Milk

Lunch

Taco Pizza OR
Cold Cut Sandwich
Refried Beans
Lettuce & Tomatoes
Pears
OR
Fresh Fruit
Milk

Wednesday, Sept. 27

Breakfast

Pancake w/
Sausage Patty OR
Assorted Cereal
Wheat Toast
Fruit Juice OR
Orange
Milk

Lunch

Chicken Drumstick
OR
Cold Cut Sandwich
Broccoli w Cheese
Biscuit
Fruit Crisp
Fresh Fruit
Milk

Thursday, Sept. 28

Breakfast

Breakfast Pizza
OR
Assorted Cereal
Wheat Toast
Peaches OR
Orange
Milk

Lunch

Turkey & Noodles OR
Cold Cut Sandwich
Whipped Potatoes
Glazed Carrots
Hot Roll
Strawberries OR
Fresh Fruit
Milk

Friday, Sept. 29

Breakfast

Sausage Biscuit
OR
Assorted Cereal
Wheat Toast
Pears OR
Orange
Milk

Lunch

Mini Corn Dogs
OR
Cold Cut Sandwich
Green Beans
Peaches
OR
Fresh Fruit
Milk

