



Monday, Nov. 13

Breakfast
Oatmeal
OR
Assorted Cereal
Cinnamon Toast
Peaches OR
Orange
Milk

Lunch
Hamburger on Bun
OR
Cold Cut Sandwich
Oven Baked Fries
Lettuce & Tomato
Applesauce OR
Fresh Fruit
Milk

Tuesday, Nov. 14

Breakfast
Scrambled Eggs w/
Pop Tart OR
Assorted Cereal
Wheat Toast
Pineapple OR
Orange
Milk

Lunch
Nachos
OR
Cold Cut Sandwich
Refried Beans
Corn
Pears OR
Fresh Fruit
Milk

Wednesday, Nov. 15

Breakfast
French Toast w/
Sausage Patty OR
Assorted Cereal
Wheat Toast
Fruit Juice OR
Orange
Milk

Lunch
Chili OR
Cold Cut Sandwich
Cinnamon Roll
Cucumber Circles
Romaine Salad
Applesauce OR
Fresh Fruit
Milk

Thursday, Nov. 16

Breakfast
Ham & Cheese Rollup
OR
Assorted Cereal
Wheat Toast
Fruit Cocktail OR
Orange
Milk

Lunch
Turkey Steak OR
Cold Cut Sandwich
Whipped Potatoes
Green Beans
Fruited Gelatin
OR
Fresh Fruit
Milk

Friday, Nov. 17

Breakfast
Chicken Nuggets w/
Scrambled Eggs OR
Assorted Cereal
Wheat Toast
Applesauce OR
Orange
Milk

Lunch
Tomato Soup w/
Grilled Cheese Sandwich
OR Cold Cut Sandwich
Celery Sticks
Grape Tomatoes
Fruit Cocktail OR
Fresh Fruit
Milk

Monday, Nov. 20

Breakfast
Cream of Wheat
OR
Assorted Cereal
Cinnamon Toast
Mixed Fruit OR
Orange
Milk

Lunch
Hot Dog on Bun
OR
Cold Cut Sandwich
Tater Tots
Broccoli
Peaches OR
Fresh Fruit
Milk

Tuesday, Nov. 21

Breakfast
Ham & Cheese Muffin
OR
Assorted Cereal
Wheat Toast
Pineapple OR
Orange
Milk

Lunch
Burrito
OR
Cold Cut Sandwich
Refried Beans
Corn
Strawberries OR
Grapes
Milk



Monday, Nov. 27

Breakfast
Oatmeal
OR
Assorted Cereal
Cinnamon Toast
Pineapple OR
Orange
Milk

Lunch
Corn Dog
OR
Cold Cut Sandwich
Oven Baked Fries
Cauliflower
Fruit Cocktail OR
Fresh Fruit
Milk

Tuesday, Nov. 28

Breakfast
Scrambled Eggs w/
Diced Ham OR
Assorted Cereal
Wheat Toast
Applesauce OR
Orange
Milk

Lunch
Soft Tacos OR
Cold Cut Sandwich
Refried Beans
Lettuce & Tomato
Peaches OR
Fresh Fruit
No Bake Cookie
Milk

Wednesday, Nov. 29

Breakfast
Pancake w/
Sausage Patty OR
Assorted Cereal
Wheat Toast
Fruit Juice OR
Orange
Milk

Lunch
Chicken Patty on Bun
OR
Cold Cut Sandwich
Glazed Carrots
Celery Sticks
Pears OR Fresh Fruit
Birthday Cake
Milk

Thursday, Nov. 30

Breakfast
Breakfast Pizza
OR
Assorted Cereal
Wheat Toast
Peaches OR
Orange
Milk

Lunch
Chicken Drumstick
OR Cold Cut Sandwich
Whipped Potatoes
Broccoli
Fruited Gelatin
OR
Fresh Fruit
Milk

Friday, Dec. 1

Breakfast
Sausage Biscuit
OR
Assorted Cereal
Wheat Toast
Pears OR
Orange
Milk

Lunch
Shrimp Poppers
OR
Cold Cut Sandwich
Green Beans
Baby Carrots
Pineapple OR
Fresh Fruit
Milk